



TRAINING UNITS

wav-e

**15 MIN  
TOTAL BODY  
WORKOUT**

# STRICTLY WIRELESS

// innovative solutions

Why bother with wires and electrodes when you can exercise and stimulate your muscles whilst performing dynamic exercises at the same time.

The wireless system is the best way to take advantage of the benefits of Wav-e. Regardless of your age or level of fitness, Wav-e's Bluetooth technology will take you rapidly to your goals, shaping your body faster and more effectively.

Wav-e is offered in two training solutions. The first delivers aesthetic modern styling that draws attention within any fitness centre while allowing two users to pair up for training. The second solution is a convenient, portable unit designed to fit your busy lifestyle and have an effective workout with personal trainer on call wherever you are.

Both solutions feature large, user friendly, multifunction touch screen interfaces. Here you can control the whole Wav-e experience. Select from one of more than 50 exercise videos under sports, health and beauty categories. You can even save your custom workout and results to keep a diary of your progress.



## ONE SCREEN, TWO FUNCTIONS

// split screen technology

Thanks to it's large split screen technology, both users can comfortably double up the training sessions, exercising alongside one another on different training programs. Each user can engage the workout session from the 22inch touch screen on the Twin Trainer, adjusting training levels, time and intensity of the workout.

## YOUR PERSONAL TRAINER, IN A SUITCASE

// the Wav-e portable device

Don't get tied down to get into shape. With Wav-e's portable device you can train at home just as you can train at your fitness center getting the same results. The Device is portable, giving you the freedom to experience the pleasure of training wherever and whenever you want.



# TECHNICAL TABLE

## Twin Trainer (TT)

## Personal Trainer (PT)

### Design

Dimension	<u>Height 130cm</u>
	<u>Width 82cm</u>
	<u>Depth 45cm</u>
Weight	<u>30kg</u>
Control	<u>Capacitive touch screen</u>

Dimension	<u>Height 10cm</u>
	<u>Width 46cm</u>
	<u>Depth 35cm</u>
Weight	<u>8kg</u>
Control	<u>Capacitive touch screen</u>

### Display

Screen	<u>21.5" Colour TFT LCD</u>
Resolution	<u>1920 x 1080</u>

Screen	<u>15.6" Colour TFT LCD</u>
Resolution	<u>1366 x 768</u>

### Connectivity

Bluetooth	<u>Bluetooth 2.0</u>
Power Supply	<u>100 to 240Vac</u>
	<u>50/60 Hz - 200W</u>

Bluetooth	<u>Bluetooth 2.0</u>
Power Supply	<u>100 to 240Vac</u>
	<u>50/60 Hz - 180W</u>

## Wireless EMS Stimulator

### Design

Dimension	<u>Height 27cm</u>
	<u>Width 135cm</u>
	<u>Depth 76cm</u>
Weight	<u>260g</u>

### Muscle stimulator

Frequency	<u>2 - 200 Hz</u>
Pulse	<u>50 - 400 <math>\mu</math>s</u>

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[www.wav-e.co.za](http://www.wav-e.co.za)